

Press Play

Let's Start Something.

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Greetings!



**Welcome to the dog
days....**

Roasting yet? And we don't mean hot dogs. It's either blazing hot or raining, but who cares? Let's make the best of it anyway. Get off the couch and live a little!

[Read our blog here](#)

[Get the newsletter now](#)

**Hopefully, you had as much fun on the 4th as
this guy...**



If not, keep reading >>>>>

Six WNC farmers markets, so you can eat fresh:



Asheville: WNC Farmers Market

Open (unbelievably) seven days a week and all year round. April through October 8 a.m. to 6 p.m. November through March 8 a.m. through 5 p.m. (Also conveniently located right next to Jesse Israel & Sons Garden and Nursery Center. Bring some life into your home!)

North Asheville: Tailgate Market

Open Saturdays 8 a.m. to noon, April 7 through November 17. Going strong since 1980!

Waynesville: Haywood's Historic Farmers Market

Open Saturdays 8 a.m. to noon, Wednesdays 3:30 p.m. to 6:30 p.m., April 14 through November 3. This one's got history!

Brevard: Transylvania Farmers Market

Open every Saturday all year. May through November 8 a.m. to noon, December through April 10 a.m. to noon.

Sylva: Jackson County Farmers Market

Open April through October, Wednesdays 4 p.m. to 7 p.m. Saturdays 9 a.m. to noon.

Hendersonville: Henderson County Curb Market

Open April-October, Saturdays 8 a.m. to noon. This is one of the oldest around.

Share with a friend & start planning your veg fest today:



New here? Sign up now.

'Squatch sighting...

He's REAL! We often see weird things when we're out and about bringing you the real news. This one was a gem. Seen in the Tractor Supply parking lot in Haywood County if that's any indication of what's going on... [Send us your weird sightings](#) and we'll share them, too! If you're wondering why this looks familiar, [Watch this](#)



Share with an unsuspecting friend.



Attention Moms & Dads:

A moment for mental health: This one's for the young parents

Raising young kids while you yourself still feel like a kid can be a deeply challenging position, filled with a healthy mixture of joy and madness. So for all you young'ns with young'ns, I present to you Mindful Mamas, a parental counseling group that focuses on the intersection of Buddhist philosophy and motherhood. Find calm in the chaos and pass mindfulness down a generation.

Find your calm

Jams: Music Events to check out this week

- Kurt Vile & The Violators w/Dylan Carlson @ The Orange Peel Hazy, mellowed out singer-songwriter with one of the refrigerator sound-worshipping drone heroes of the '90s opening. [Tickets](#)
- Spice World Movie Night and Dance Party @ The Grey Eagle

Self-explanatory. '90s kids, don't fight the feeling. [Tickets](#)

- Resist! A Benefit to Fight Unnatural Disasters @ Salvage Station. Six Asheville acts team up with Pop Ed to raise money and awareness for the people of Puerto Rico, who are still experiencing humanitarian crises and natural devastation post-Hurricane Maria. [Tickets](#)

ICYMI: The news you missed last week presented...right now!



Joey's Pancake House will become part of Appalachian...

MAGGIE VALLEY - A high-traffic Haywood County breakfast spot will become the latest destination for those following the Appalachian Mural Trail. Roy Milling, the new owner of Joey's Pancake House, has commissioned artist Doreyl Ammons Cain to...

[Read more](#)

www.themountaineer.com

- [Proposal aims to fix justice center shortcomings](#)
- [Phase 1 of Lake Junaluska Bridge completed](#)
- [2018 early voting plans up in the air](#)

Stay cool, hide out indoors



Wheels Through Time is celebrating its 16th anniversary...

The Wheels Through Time (WTT) opened its doors nearly 16 years ago on July 1, 2002. Since that day, the museum collection has grown in several ways, including its number of rare motorcycles, automobiles, timeless exhibits and ever-growing number...

[Read more](#)

www.themountaineer.com

[Plan your visit](#)

Free + Fun: Grovewood Village

There are loads of free and free-ish places to visit in WNC if you know where to look. This little gem is tucked away behind the Omni Grove Park Inn in Asheville. The Inn itself is a little (ok, WAY) out of my budget. (Maybe you too?) But the Antique Car Museum is free (donations welcome) and worth checking out some afternoon. Stick around and explore the historical exhibits and art galleries as well.



[Find your way there](#)

Take Action

Donate to help kids at the border

Regardless of your political views, we should all agree that children in need deserve our help. Below is a link that will allow you to make a donation that will be split between fourteen different causes dedicated to protecting kids that have been separated from their families at the U.S. - Mexico border.

[Help out](#)

Support the (fashion) arts

Local designers compete for cash prizes in this Project Runway-esque show, with proceeds from ticket sales to benefit the theatre. This year, 20 designers will compete in four categories: Hardware, Light, Paper, and Revisionist History. The event will be coming back to ACT for the 2018 competition to showcase the beautiful and carefully created garments on its newly renovated Mainstage where the audience can capture every stitch and embellishment as it glides across the runway.

[Buy Tickets](#)

Enjoying PressPlay? Awesome!

We're glad to have you. We'd be even happier if you'd share us with your friends. The more the merrier, right?



MEET THE EDITOR

Hi, I'm Jay. I like pizza, puppies and snarky emails. I hope you do too, cuz I got lots more where this came from.

[Hit me up sometime](#)



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